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**KEYWORDS** Gendering. Intersectionality. Gender Analysis. Training

**ABSTRACT** In this practical methodological piece I provide an illustration of what form gender analysis training might take. This is an example of training that I have devised and employed in various ways and formats in my work with a range of NGOs and non-statutory organisations in the UK. I offer this overview merely to allow readers to see what gender analysis training might look like, and how it might be planned for a one day training delivery. There are multiple ways one might construct and organise gender analysis training depending on the specific needs and particular remit of a given client. Here I provide one example of such training that focuses particularly on engaging clients in reflecting on their own processes of gendering, how their own gendered positionalities and intersectional identities influence and affect their lived experiences, attitudes towards others and normative understandings of gender roles, responsibilities and, ultimately of power.